Reviewer’s report

Title: Comparing exercise interventions to increase persistence with physical exercise and sporting activity among people with hypertension or high normal blood pressure: protocol for a randomised trial

Version: 3
Date: 16 July 2014

Reviewer: Barbara Wizner

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1. Methods/design.

In regards to European Society Hypertension Guidelines, and probably British Hypertension Guidelines the "prehypertension" term is not used. The elevated blood pressure (BP): 130-139 and/or 85-89 mmHg is defined as high-normal BP. Prehypertension was defined in the U.S guidelines (JNC VII) as BP 120-139 and/or 80-89 mmHg.

I suppose, you mean 'high-normal BP' not 'prehypertension', so please apply the appropriate terminology.

It would be preferable quote the relevant guidelines.

Is "suspected hypertension" means the same as high-normal BP?

Please specify or use the term "high-normal BP".