Author's response to reviews

Title: The effectiveness of Tai Chi on physical and psychological well-being of college students: study protocol for a randomized controlled trial

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Author’s response to reviews: see over
Dear editor:

Thank you for your letter and the reviewer’s insightful comments concerning our manuscript entitled *The effectiveness of Tai Chi on physical and psychological well-being of college students: study protocol for a randomized controlled trial* (MS:4797740911125034). Those comments are all valuable and very helpful for revising and improving our paper, as well as the important guiding significance to our researches. We have studied comments carefully and have made correction which we hope meet with approval. Revised portion are marked in red in the paper. The main corrections in the paper and the responds to the reviewer’s comments are as following:

**Responds to the reviewer’s comments:**

1. **Abstract - sample sizes should be sample size**

   **Response:** we are sorry for this error. We have changed “sample sizes” to “sample size”. In the same sentence, we also changed “design” to “designed”.

2. **Background - competitive should be competition**

   **Response:** we have changed “competitive” to “competition”.

3. **recommendation should be recommendations**

   **Response:** we have changed “recommendation” to “recommendations”.

4. **The convincing evidence showed...should be something like convincing evidence has shown**
Response: we have changed “The convincing evidence showed...” to “convincing evidence has shown”.

5. Sentence beginning "longitudinal studies..." remove "and" before "some"
Response: we have deleted “and” before “some”.

6. Add "is" before "increasing in popularity."
Response: we have added “is” before “increasing in popularity”.

7. Change "evidence are unclear if" to "evidence is unclear whether"
Response: we have changed “evidence are unclear if” to “evidence is unclear whether”.

8. Objective - Change design to designed
Response: we have changed “design” to “designed”.

9. Discussion - Change may have reported to have been reported
Response: we have changed “may have reported” to “have been reported”.

10. Changed design to designed and in same sentence, blinding to blinded (x2)
Response: we have changed “design” to “designed” and “assessor-blinding and statistician-blinding” to “assessor-blinded and statistician-blinded”.

11. Strengths and limitations
Change "second one" to just "second" and "performed" to "perform" in same sentence
Response: we have changed “second one” to “second” and "performed" to "perform”.

We appreciate for you and reviewer warm work. Thank you for considering our manuscript and these valuable comments. If you have any questions about this paper, please do not hesitate to contact me. We are looking forward your reply.

Sincerely,
Xiulu Lan