Reviewer's report

**Title:** Preventing unhealthy weight gain among young adults: study protocol for a randomized controlled trial of the TXT2BFiT mobile phone based healthy lifestyle program

**Version:** 1  **Date:** 4 March 2013

**Reviewer:** Tobias Freund

**Reviewer's report:**

The study protocol is well-written overall and provides sufficient detail on the study to warrant publication in Trials.

**Level of interest:** An article whose findings are important to those with closely related research interests

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

No conflict of interest.