Author’s response to reviews

Title: The effect of Baduanjin exercise for physical and psychological well-being of college students: study protocol for a randomized controlled trial

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Author’s response to reviews: see over
Dear editor and reviewer,

The manuscript entitled “The effect of Baduanjin exercise for physical and psychological well-being of college students: study protocol for a randomized controlled trial” (MS: 4790108531076407) has been re-revised carefully according to the reviewer’s comments. The newly revised manuscript has been submitted with this letter.

Many thanks for the comments from the reviewer. Do not hesitate to contact me if any questions. Thank you!

Best Wishes

Moyi Li

The reviewer’s comments and author’s responses with a point-by-point description are following:

Only two minor points through the protocol:
1. specify the ‘follow-up’ time points through the protocol

   Author’s response: The follow-up periods will last 12 weeks from 1 week to 12 weeks at end of intervention. The description of ‘follow up period’ through the protocol has been modified in the revised manuscript. Thanks!

2. for data analysis strategy, needing to consult a statistician how to write it clear and complete, e.g., unclear what is meant by a special statistician and there is not indication of post-hoc comparison, or planned contrasts test, for comparison of differences on outcomes between at each post-test, if main effects found significant.

   Author’s response: We have been consulted a statistician who has engaged the statistic teaching for five years in ourselves school. The section of statistical analysis has been re-revised carefully. Please check them. Thanks!