Reviewer's report

Title: The effectiveness of complex workplace dietary interventions on dietary behaviours and diet-related disease risk. The Food Choice at Work Study: clustered controlled trial protocol.

Version: 1 Date: 23 August 2013

Reviewer: Barbara Wizner

Reviewer's report:

This is an interesting and important study, which is assessed the effectiveness and costs of the complex dietary interventions based on nutritional education or/and environmental modification in the long-term period (9 months), in a large manufacturing workplaces.

The development of the study design, nature and scope of interventions was preceded by a thorough analysis of previously published data in this area. The summary of the systematic review has been published by the Authors recently [Geaney F. et al. The effectiveness of workplace dietary interventions: a systematic review. Prev Med, in press].

The study assumptions, hypothesis, objectives and methods are well defined and they correspond to the study outcomes. Planned interventions are described in detail in line with the TREND Statement.

Major compulsory revisions:
I have no major comments.

Minor essential revisions:
In section “Data collected methods”, in physical assessment I would suggest to describe more details the blood pressure (BP) measurement technique or to cite BP measurement protocol used in this study.

Discretionary revisions:
I have no further suggestions.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.

Declaration of competing interests:
I declare that I have no competing interests.