Reviewer's report

Title: Process evaluation protocol for the OPERA trial: a randomised trial of an exercise intervention for older people in residential and nursing accommodation. [ISRCTN No: 43769277]

Version: 1 Date: 4 October 2010

Reviewer: David Moher

Reviewer's report:

My congratulations to the authors. I think this protocol is well written and adequately describes the process evaluation. I have one minor issue for the authors to address - for a global readership can they briefly describe the descriptive and demographic characteristics of care homes.

I think the authors should consider ways to improve the format of the paper, for example, a separate heading each for the methods and design. Similarly, can the aims and objectives have separate subheadings.