Author's response to reviews

Title: A randomized controlled trial for the use of qigong in the treatment of pre and mild essential hypertension: a study protocol for a randomized controlled trial

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Author's response to reviews: see over
Thanks for your helps and suggestions. The point to point responses to the comments of the reviewer(s) are listed below. We checked the changed sentence in red color.

**Reviewers’ comments:**

**Reviewer #1:**

I have reviewed this manuscript. It contains all key protocol information and I recommend publication. I have just two minor comments.

First, on page 11, it is not clear that the cited reference indicates that not wearing a white coat avoids the “white-coat effect.”

-> We have changed the reference. (page 15)

Second, references 5 and 10 do not have years listed.

-> We have added the years of references 5 and 10. (page 13, 14)

We also modified several parts of articles as the editor’s recommendations.

Also, could you please ensure that the following formatting request is completed:

- Title: please ensure the title conforms to journal style for study protocol articles. The title should follow the format “___________: study protocol for a randomized controlled trial”.

-> We have modified the title, as recommended. (page 1)

Please also highlight (with ‘tracked changes’/coloured/underlines/highlighted text) all changes made when revising the manuscript to make it easier for the Editors to give you a prompt decision on your manuscript.

-> We checked the changed sentences in red color

Please also ensure that your revised manuscript conforms to the journal style (http://www.trialsjournal.com/info/instructions/). It is important that your files are correctly formatted

-> We checked the journal style and made my file be properly formatted

Thank you for all valuable comments.