Author's response to reviews

Title: Bath Breakfast Project (BBP) - Examining the Role of Extended Daily Fasting in Human Energy Balance and Associated Health Outcomes: study protocol for a randomised controlled trial [ISRCTN31521726].

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Author's response to reviews:

To the Editor,

Re: Resubmission of revised Protocol Paper for Publication in Trials

Please find included with this online submission our revised manuscript entitled ‘Bath Breakfast Project (BBP) - Examining the Role of Extended Daily Fasting in Human Energy Balance and Associated Health Outcomes: study protocol for a randomised controlled trial [ISRCTN31521726].’

In response to the 2 issues raised by the Associate Editor, we can confirm that we have addressed the matters listed below:

1) Please could you change the title to conform to journal style for study protocol articles. The title should follow the format "________: study protocol for a randomized controlled trial".

Response: Our new title reads as follows: ‘Bath Breakfast Project (BBP) - Examining the Role of Extended Daily Fasting in Human Energy Balance and Associated Health Outcomes: study protocol for a randomised controlled trial [ISRCTN31521726].’

2) Please list the trial registration details at the end of the abstract, e.g. Trial registration: Current Controlled Trials ISRCTN73824458.
Response: We have added the trial registration details at the end of the abstract.

Yours Faithfully,

Dr James Betts & Dr Kostas Tsintzas