Author's response to reviews

Title: Protocol for a randomized controlled study of Iyengar yoga for youth with irritable bowel syndrome

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Dear Dr Vickers,

Thank you for your clarification regarding the need for extra precautions related to the randomization of subjects. Unfortunately our laboratory does not have a sufficient level of expertise with ACCESS to design a database that is appropriately secure as you recommend. We hope in the future that this will be possible. As an interim measure, an additional research assistant who is not otherwise involved in the yoga study and who has not met or had any previous contact with any of the subjects will be responsible for assigning the results of the randomization procedure. As far as this research assistant is concerned, the subjects will simply be names in a database. She will not have recruited, screened or in any way had any other contact with them.

This change has been made to the randomization section of the manuscript.

I hope that this measure will be sufficiently responsible. Again, thank you for your clarification and expertise regarding the importance of secure randomization.

Best regards,

Subhadra Evans, Ph.D.