Author’s response to reviews

Title: The effect of family-based multidisciplinary cognitive behavioral treatment in children with obesity: protocol of a randomized controlled trial

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Author’s response to reviews: see over
Dear Editors:

Please find enclosed our revised manuscript entitled "The effect of family-based multidisciplinary cognitive behavioral treatment in children with obesity: protocol of a randomized controlled trial" (MS: 9828472134383515). In response to the reviewer’s comments, we made the following changes (in the manuscript highlighted with 'tracked changes'):

- We indicated in the title that our paper is a study protocol by changing the title from ‘A randomized controlled trial evaluating the effect of family-based multidisciplinary cognitive behavioural treatment in children with obesity’ to ‘The effect of family-based multidisciplinary cognitive behavioral treatment in children with obesity: protocol of a randomized controlled trial’.
- Pg 5: We changed the subheadings ‘Main study parameter’ and ‘Secondary study parameters’ to ‘Main research question’ and ‘Secondary research questions’.
- Pg 5: We deleted “longitudinal” from the design section and in other parts of the text.
- Pg 6: We included in the design section how ethnicity is defined in our study.
- We split the ‘Recruitment and Randomization’ section in the following three sections; ‘Eligibility criteria’, ‘Recruitment’ and ‘Randomization’.
- The sequence generation, allocation concealment and implementation is added to the ‘Randomization’ section on page 6.
- We changed ‘subject’ either in ‘participants’ or ‘children’.
- The main aim of our study is evaluating the difference between both obese treatment groups on the outcome parameters. We clarified this in the ‘Data analysis’ section.
- For the sample size calculation we intended to use the formula for unpaired means, which we adjusted in the ‘data analysis’ section. The sample size is not adjusted for stratification.
- We made some additional textual revisions in the whole manuscript.

We hope we changed the manuscript according to your expectations. This manuscript represents our original unpublished work and it is currently not under consideration for review for any other journal. All authors agree with submission of this revised manuscript and declare no conflict of interest.

On behalf of all authors,

Sincerely,

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