Reviewer's report

Title: Role of Lifestyle Changes in the Management of Chronic Liver Disease

Version: 3 Date: 20 March 2011

Reviewer: David van der Poorten

Reviewer's report:

The revised article is more complete and answers most of the queries put forth by reviewers.

Minor Essential Revisions

Page 4 Para 1 after Ref 10. (referring to this study) Insert the following:
"Importantly, these changes were in the absence of weight loss, suggesting a key role for fitness as well as fatness".

Page 6 Para 2 after ref 27. Insert the following:
"There are no studies as yet detailing whether these lifestyle interventions impact on response to antiviral treatment".

Page 6 Para 3 (following from above). Change "Recent studies" to "Two recent studies"

Page 6 Para 3 after ref 28: delete "while", thus sentence begins with "Others..."

Page 6 para 3, 4 lines further down : chronic hepatitis C and insulin resistant (not resistance)

Page 6 para 3: delete last sentence: insert the following instead:
"At this point only lifestyle interventions can be recommended to improve metabolic syndrome and obesity associated with chronic hepatitis C, but their effect on treatment response and long term outcome requires further study.

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

‘I declare that I have no competing interests’