Reviewer's report

Title: Effects of Lifestyle Modification on Metabolic Syndrome: A Meta-analysis

Version: 4 Date: 3 September 2012

Reviewer: Rebecca Turner

Reviewer's report:

Minor essential revisions:

The authors have addressed my previous comments. However, I'd suggest that the studies are labelled in the same way in the Risk of Bias assessment table and in Table 1, so that it's clear which study is which.

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests