Reviewer’s report

Title: Beyond the health benefits of the Mediterranean Diet: Environmental Sustainability

Version: 3 Date: 14 October 2013

Reviewer: F. Xavier X Medina

Reviewer’s report:

1. Is the question posed by the authors new and well defined? YES.
2. Are the methods appropriate and well described, and are sufficient details provided to replicate the work? YES
3. Are the data sound and well controlled? YES
4. Does the manuscript adhere to the relevant standards for reporting and data deposition? YES
5. Are the discussion and conclusions well balanced and adequately supported by the data? YES
6. Do the title and abstract accurately convey what has been found? YES
7. Is the writing acceptable? YES (Native English)

- Major Compulsory Revisions (which the author must respond to before a decision on publication can be reached)

NO Major Revisions.

- Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct)

Even if the writing is very acceptable, it needs a new formal revision regarding details like: “...would have , , a significant …” (in the abstract), and others.

- Discretionary Revisions (which are recommendations for improvement but which the author can choose to ignore)

Even if the article says that MD takes part of the World heritage of the Humanity by UNESCO and the main focus is on consumption and environment, the social aspects of this consumption, changing patterns and its influences on the environment are secondary (even in the references). Maybe a reference on social aspects and food habits should be useful to understand the real framework of this research.

Final considerations:

It’s an article of importance in its field. Even if some of the data are not really new, the point of view is interesting and relevant.
The quality of language in the manuscript is acceptable (final formal revision recommended).

**Level of interest:** An article of importance in its field

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

I declare that I have no competing interests.