Author's response to reviews

Title: Beyond the health benefits of the Mediterranean Diet: Environmental Sustainability

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Author's response to reviews: see over
Las Palmas de Gran Canaria, August 12th 2013.

Dear editor,

Please, find attached our manuscript entitled “Beyond the health benefits of the Mediterranean Diet: Environmental Sustainability”, to be considered by the editorial board of the Environmental Health. It has been edited and revised by a native English speaker.

We think this is an important article to be published in “Environmental Health” because food production is inevitably related to environmental pressures, therefore, is important to analyze the sustainability of the Mediterranean Diet (MDP) and to compare, in terms of ecological footprints, the MDP with a typical Western dietary pattern (WDP). The MDP is presented as not only a cultural model but as well a healthy and environmentally friendly model, whose adherence in Spain would have, in addition to the well-known benefits on public health, a significant contribution to increase the sustainability of the food production and consumption systems.

All authors have agreed to submit this article in the present form and are prepared to take public responsibility for its content. Each has participated sufficiently in the conception and design of the work or in the analysis of the data. All authors have fully participated in the writing and editing of the manuscript. The final manuscript has been seen and approved by all authors and they have taken care to ensure the integrity of the work. Finally, all authors have no conflict of interest to declare.

Yours sincerely,

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