Reviewer’s report

Title: Changes in weight loss, body composition and cardiovascular disease risk after altering macronutrient distributions during a regular exercise program in obese women

Version: 2 Date: 24 May 2010

Reviewer: Douglas Kalman

Reviewer’s report:

To the editors,

I find this manuscript acceptable without major changes for publication.

Within the abstract, the authors should clarify that one diet per se did not appear to be superior to any of the others tested when examined over the entire test period, thus what are the implications?

The authors should note if this manuscript has been presented in any form priorly - that is Poster sessions and whether the manuscript was submitted to a different journal before Nutrition Journal (if rejected, why?).

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, and I have assessed the statistics in my report.

Declaration of competing interests:

I declare that I have no competing interests to declare.

Douglas S. Kalman PhD, RD