Reviewer's report

Title: Changing perceptions of hunger on a high nutrient density diet

Version: 4 Date: 6 July 2010

Reviewer: David Wertheimer

Reviewer's report:

Major Revisions - None
Minor Revisions - None
Discretionary Revisions - The concept of addiction is introduced as it relates to toxic hunger. In general, traditional addiction behavior is only defeated by total withdrawal of the addictive stimulus. The fact that 75% of subjects followed the diet all or "most" of the time seems confusing in this light. Some clarification might be helpful.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

None