Author's response to reviews

Title: Changing perceptions of hunger on a high nutrient density diet

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Author's response to reviews:

To The Editors:
We have addressed every item requested by your team in the uploaded final proof of our manuscript. Below is the detailed list of editing:

1. In the introductory, discussion and conclusions sections we have done minor editing for style, grammar, typing errors and readability. No content changes were made.

2. Author list: the list of authors in the manuscript are written exactly as they are in the submission system, both in style and order.

3. An Abstract not exceeding 350 words is inserted immediately after the title page. The abstract in the submission system is identical to this one now.

4. Authors' contributions: We indicate that all authors read and approved the final manuscript.

5. We use the initials of the author names for all the authors.

6. References: the full citation details for reference 28 is provided.

7. Figures: All figures are cited, in numerical order. Figure 9 is now cited in the text. The title and legend for figure 10 is on a separate line.

8. Minor revisions

9. Tracking: We have accepted all changes and turned off track changes.

10. Title page: We removed the horizontal line from the title page and placed the affiliations immediately below the author list.

11. Affiliations: We included the country in the affiliation details.

12. Figures: We have listed list all the figures when cited in the text rather than giving ranges.

13. References: Duplication of authors in reference 7 has been corrected.

14. Tables- We removed the visible vertical lines from the tables. We hope the tables now meet your formatting requirements.

15. Tables: We revised the tables to remove without the merged elements.
16. Blank pages: We removed all blank pages from the manuscript.
17. Figures: Titles and legends have been removed from all figures.
18. We have cropped the figures as closely as we were able to.

We are very grateful for your attention to the details of this manuscript.

Warm regards,
Dr. Barbara Sarter