Author's response to reviews

Title: Changing perceptions of hunger on a high nutrient density diet

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To the Editors:
We are submitting the second revision of our manuscript, having made all the changes requested by reviewers and editors. Below are the details:
Line 14: changed “a diet low in micronutrients leads to heightened oxidative stress,” to “a diet low in antioxidant micronutrients leads to heightened oxidative stress,”
Line 17: deleted “based on 20 years of clinical observation and testing”
Line 18: changed a “Western fast food diet” to
Instead, say (if this is what you mean) “a diet containing an abundance of fast food and low in micronutrients”
Line 27: the reference to the animal study was deleted
Line 69 and others throughout the document: all abbreviations were deleted
Line 70: the reviewer suggested that we change “implied” to “indicated”. However, we already had used the word “indicated”. We did not change it to “implied”.
Lines 191-194: Deleted these lines
Line 256: Changed “okay” to “normal” without quotation marks.
Figures: The term “Standard American Diet” in all figures was changed to “Previous Usual Diet”

Running title on cover page was removed
Line numbers were removed
Conclusions, Authors Contributions, and Competing Interests sections were included at the end of the text before the references

I have not accepted all changes made to the document in hopes that you can see the changes that were made. In addition, minor editing such as closing up extra spaces were done.
We thank you again for your interest in this manuscript and hope to hear of its acceptance for publication by your team!

With best wishes,
Dr. Barbara Sarter