Reviewer’s report

Title: The Effects of Dietary Fasting on Physical Balance among Healthy Young Women

Version: 2 Date: 16 January 2010

Reviewer: Eva Ageberg

Reviewer’s report:

The authors have addressed the reviewer comments and carefully revised the manuscript. I suggest some discretionary revisions:

1. Results page 14: The last sentence on this page – “The fasting condition placed additional stress on the body’s ability to balance…” – is an interpretation and summary of the results regarding the postural responses, and I therefore suggest that this sentence is moved to the discussion section.

2. Table 3: What does the percent indicate? Percent of subjects with the respective postural response? Please clarify. Also, as the authors state that there were differences in postural response between the fasting and non-fasting conditions, and an increase in postural response with increasing difficulty of the test situation, p-values should be given in the Table.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests’