Reviewer’s report

**Title:** Freeze-dried strawberry powder improves cardiovascular risk factors in obese women with metabolic syndrome: pre- and post intervention effects

**Version:** 1  **Date:** 4 July 2009

**Reviewer:** Kalidas K Shetty

**Reviewer’s report:**

Excellent work and well written. Analysis and methods are good.

Three concerns must be addressed before it is acceptable

1) Is Ellagic acid content of FSP known. This would be good to know since it has been linked to what has been observed in the plasma and potential effects of the same.

2) Is 16 subjects sufficient and also period of the study? Is it too short.

3) 9/16 took supplements? what is the effect of these and how was this normalized to see the strawberry benefits is not clear.

**Level of interest:** An article of importance in its field

**Quality of written English:** Acceptable

**Statistical review:** Yes, but I do not feel adequately qualified to assess the statistics.

**Declaration of competing interests:**

'I declare that I have no competing interests'