Reviewer’s report

Title: Effect of commercial breakfast fibre cereals compared with corn flakes on postprandial blood glucose, gastric emptying and satiety in healthy subjects: a blinded crossover randomized controlled trial

Version: 1 Date: 29 June 2007

Reviewer: Niina Tapola

Reviewer’s report:

General
1. The study design was drew up carefully and the manuscript was well written.

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Major Compulsory Revisions (that the author must respond to before a decision on publication can be reached)
1. The method of blood glucose and satiety measurements should be added on the abstract.
2. Authors should give more details about satiety method on the methods section. The method of Haber et al is numerical assessment. Figure 3 shows that the unit of satiety score is cm. Please explain this in the method section.
3. Figure 3: absolute satiety scores would provide more information to the readers than the delta satiety scores. Or at least explain how the delta satiety scores are calculated.

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Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct)
Table 1. Please provide the amount of glycemic carbohydrates.
1. page 7, line 161 Table 1 should be table 2.
2. page 9, line 225 "Probably was the amount of beta-glucan too small to affect" NOT "to small"
3. page 10, line 234 and 235 Please check if the insoluble fiber is correct in both these sentences.
Table 3. Please check the lable of table 3. Differences of postprandial blood glucose should be differences of satiety.
Reference list. Some names of authors are not written right like Björklund (reference 18), Björck (reference 15).

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Discretionary Revisions (which the author can choose to ignore)
1. In my opinion it should be mentioned on the conclusions that the equal
amounts of cereal bran flakes, oat flakes and corn flakes has been used in this study.

**What next?:** Accept after minor essential revisions

**Level of interest:** An article of importance in its field

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.