Reviewer's report

Title: Tea consumption is inversely related to 5-year blood pressure change among adults in Jiangsu, China: a cross-sectional study

Version: 2 Date: 10 September 2014

Reviewer: Mamoru Isemura

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Tea consumption is inversely related to 5-year blood pressure change among adults in Jiangsu, China: a cross-sectional study.

The manuscript found that an inverse association between total/green tea consumption and diastolic blood pressure was significant only in non-smokers and that green tea consumption was inversely associated with systolic blood pressure. The presented data and their claims are convincing so that this reviewer can recommend its publication in Nutrition Journal. However, before acceptance the major comment below should be included in the revised form.

Comments: It is rather surprising that 846 subjects of 1109 reported no tea drinking. What kind of a beverage did those subjects consume? Just water? How about oolong tea? The authors should present a part of the questionnaire concerning tea. If the authors have data about oolong tea, they should describe the reason why the present manuscript excluded the analyses on oolong tea.

Quality of written English: Needs some language corrections before being published

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.

Declaration of competing interests:

'I declare that I have no competing interests'