Reviewer’s report

Title: The effects of functional fiber on postprandial glycemia, energy intake, satiety, palatability and gastrointestinal wellbeing: a randomized crossover trial

Version: 1 Date: 16 June 2014

Reviewer: Frank Greenway

Reviewer’s report:

- Major Compulsory Revisions

None. I think article is well written and well-done. The effect of fiber on glycemia, satiety and food intake, however, is not new. This study confirms what has been recognized as the major challenge to including more fiber in the diet; consumers rate the acceptability of high fiber products lower compared to comparable foods with a lower fiber content.

The author must respond to these before a decision on publication can be reached. For example, additional necessary experiments or controls, statistical mistakes, errors in interpretation.

- Minor Essential Revisions

The figure legend for Figure 1 defines VAS as visual acuity score. I believe it should be "Visual Analog Scale"

The author can be trusted to make these. For example, missing labels on figures, the wrong use of a term, spelling mistakes.

- Discretionary Revisions

These are recommendations for improvement which the author can choose to ignore. For example clarifications, data that would be useful but not essential.

None

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests