Reviewer’s report

Title: An amino acid-electrolyte beverage may increase cellular rehydration relative to carbohydrate-electrolyte and flavored water beverages

Version: 2 Date: 10 April 2014

Reviewer: Jeff Stout

Reviewer’s report:

Authors did a really nice job on evaluating the effects of various treatments for rehydration. I only have very minor edits. The subject descriptive values don’t match up perfectly. For example in Abstract you have "Twenty men (n=10; 26.7 +4.58 years....) and in Methods you have "Twenty men (n=10; 26.7 +4.83 years....) I am sure this is just a typo. Also, sometime your carry numbers our the hundredth in methods, but for the same numbers in abstract you carry the number to the 10th. Keep everything consistent throughout the manuscript. Also, rule of thumb, never go beyond 10th unless you are confident your measurement is accurate and reliable enough to measure to the hundredth.

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
‘I declare that I have no competing interests’