Author's response to reviews

Title: Effects of whole grain rye crisp bread for breakfast on appetite and energy intake in a subsequent meal: two randomized controlled trails with different amounts of test foods and breakfast energy content

Authors:

Tina Forsberg (tifo0001@stud.slu.se)
Per Åman (per.aman@slu.se)
Rikard Landberg (rikard.landberg@slu.se)

Version: 4 Date: 8 March 2014

Author's response to reviews:

Dear Editor, we have now made the requested changes:

- The acknowledgement has now been put after the author contributions

1. Requesting Title page: please include a title page at the front of your manuscript file. It should contain, at minimum, the names, institutions, countries and email addresses of all authors, and the full postal address of the submitting author.

- Email addresses of the co-authors have now been added.

2. Research involving human subjects (including human material or human data) that is reported in the manuscript must have been performed with the approval of an appropriate ethics committee. Research carried out on humans must be in compliance with the Helsinki Declaration (http://www.wma.net/en/30publications/10policies/b3/index.html ). A statement to this effect must appear in the Methods section of the manuscript, including the name of the body which gave approval, with a reference number where appropriate.

   Kindly state or make this appear on your manuscript not only in the cover Letter. The ethical committee in Uppsala told us that it was not needed an ethical application of our study since the data collected was kept completely blinded to both subjects and investigators and since no invasive methods were used (we just asked subjects to rate appetite). This has now been explained in the manuscript at line 155-157, page 8.

   - Sorry for this mistake. This has now been added to line 118-120, page 6.

3. Please state in the Methods section whether written informed consent for participation in the study was obtained from participants or, where participants are children, a parent or guardian.
- This has now been added to line 120-121, page 6: Written informed consent for participation in the study was obtained from all participants.

That was all, please let me know if something else needs to be changed. Sorry for the delay!

Best regards,

Rikard