Reviewer's report

Title: Fermented milk improves glucose metabolism in exercise-induced muscle damage in young healthy men

Version: 2 Date: 19 February 2013

Reviewer: Anne Pihlanto

Reviewer's report:

The manuscript by Iwasa et al describes fermented milk on glucose metabolism on young health men. The manuscript is interesting and should be published. The structure of the manuscript is good as well as the language. The methods are described sufficiently and are suitable to the study.

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

'I declare that I have no competing interests' below