Reviewer’s report

**Title:** The effects of increased dietary protein yogurt snack in the afternoon on appetite control and eating initiation in healthy women

**Version:** 1  **Date:** 21 December 2012

**Reviewer:** Mark Kern

**Reviewer’s report:**

The authors compared two commercially available yogurts for impact on appetitive responses. One yogurt was standard and the other was a Greek yogurt that was higher in protein. The manuscript is well-written and the design and interpretation of the study are clear. The results indicate that yogurts produced very similar responses, which is of potential importance given the rise in popularity of Greek yogurt. Added analyses provide information about the factors that lead to subsequent intake and these data add to the novelty of the manuscript and may provide readers with data that can be used for future projects related to hunger thresholds. The study appears to have been well-controlled and the number of subjects is quite strong. Furthermore, given the remarkable similarities between the trials, it appears unlikely that the null findings are due to a limitation in the sample size.

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.

**Declaration of competing interests:**

I declare that I have no competing interests