Reviewer's report

Title: Effects of the prudent diet versus low fat diet in the management of patients with chronic hepatitis C

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Reviewer: Dungeng Peng

Reviewer's report:

The manuscript described the effect of two different diets on the management of clinical associated conditions in the patients with chronic hepatitis C. The results are very promising and shed some light on the nutrition supply for these patients. However, the reviewer has some concerns about the current version of the manuscript.

1. It seems that the major purpose was to compare the effect of these two diets according to the title. But in the context, overall, most of the comparisons were only done within the group with the same diet. In other words, I wonder if the authors had no intention to compare the effects between the two diets. Otherwise, they may need change the title to avoid confusion.

2. Some part of the manuscript need to be checked carefully and rewritten. For example, starting from the third paragraph on page 8, the authors define the group A as the subgroup with weight gain at the beginning. And then, the authors suddenly chose the subgroup with weight loss less than 5% as group A to describe the details; and so on.

3. The authors should point out what the exact comparison is, when they marked out the significance with symbols. Some of them were not well defined in the table and it is even harder to find them in the context. For instance, in table 1, the authors showed the significance between the groups, which the reviewer assumed that between the genders in the same diet group, but nowhere had mentioned this information in the context.

4. an independent expert should check the statistics.

Quality of written English: Needs some language corrections before being published

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.

Declaration of competing interests:

I declare that I have no competing interests.