Reviewer's report

**Title:** Intermittent fasting combined with calorie restriction is effective for weight loss and cardio-protection in obese women

**Version:** 2  **Date:** 26 October 2012

**Reviewer:** Teri L. Hernandez

**Reviewer's report:**

I commend the authors on making the suggestions of the reviewers. Congratulations on a well-run study with provocative findings.

**Quality of written English:** Acceptable

**Statistical review:** No, the manuscript does not need to be seen by a statistician.