Reviewer’s report

Title: Social and psychological factors affecting eating habits among university students in a Malaysian medical school: a cross-sectional study

Version: 1 Date: 29 May 2012

Reviewer: Apolinaras Zaborskis

Reviewer’s report:

Human diet has powerful influence on health, and the study of factors influencing the choice of nutrients in everyday diet is of particular importance. University students’ diet habits are the most vulnerable, therefore information on diet among students is still scarce for many countries.

The title and abstract clearly describe the essence of the work.

The question posed by authors: “assessing the patterns of eating habit and its associated factors, with focus on psychological factors among medical students in a Malaysian university.” is well defined and very clear.

The work was done according to publication standards.

Information from 132 records are analyzed and presented on suitable and clear way.

Discussion is firmly supported by the data and has close connection with introductory remarks and review of the literature. Conclusions are logical continuation of results and discussion.

The writing is acceptable.

Discretionary Revisions

A section of the study limitations would be important (e.g. students from non medical universities were not surveyed).

In discussion, authors should pay more attention on the possible difference between medical and non medical students.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests