Reviewer's report

Title: The puzzle of self-reported weight gain in a month of fasting (Ramadan) among a cohort of Saudi families in Jeddah, Western Saudi Arabia. Balkees Abed Bakhotmah * *Assistant Professor of Nutrition & Food Sciences, Department of Nutrition & Food Sciences, College of Home Economy, Researcher, MHA Chair for DF Research, King Abdulaziz University, P. O. Box 53100 Jeddah 21583,, Saudi Arabia e-mail: hbaab1961@yahoo.com * Corresponding author: Balkees Abed Bakhotmah

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Reviewer: John P Fletcher

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This is a study with important findings which are somewhat unexpected showing that weight gain and not weight loss being reported after Ramadan. This has significant implications in a population where the prevalence of type 2 diabetes is high.

The methods used for the study are appropriate and have been well described with sufficient detail provided. Data have been well compiled and presented. The manuscript adheres to appropriate standards. Discussion and conclusions are well balanced and are supported by the data which have been obtained. The title and abstract are appropriate and the writing is clear and concise.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests