Reviewer's report

Title: The puzzle of self-reported weight gain in a month of fasting (Ramadan) among a cohort of Saudi families in Jeddah, Western Saudi Arabia. Balkees Abed Bakhotmah * *Assistant Professor of Nutrition & Food Sciences, Department of Nutrition & Food Sciences, College of Home Economy, Researcher, MHA Chair for DF Research, King Abdulaziz University, P. O. Box 53100 Jeddah 21583,, Saudi Arabia e-mail: hbaab1961@yahoo.com * Corresponding author: Balkees Abed Bakhotmah

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Reviewer: Laid Boukraa

Reviewer's report:

This is a well written paper. Some minor revisions are to be made.

Minor Essential Revisions:
- It would be helpful if pages and lines were numbered.
- The author may specify when the study was conducted.
- The author may mention clearly the including and excluding criteria of the study such as smoking, obesity, pregnancy(for women)...etc.
- Correlations between dietary habits and weight gain may be represented in a figure?
- Does the author have an idea about the daily weight gain (the mean). This may help us to know the critical period of the month for weight gain.
- In references 1 and 16 the date of access to the web link should be given.
- Some references are underlined and others are not, the author may make it uniform.
- In figure 2 the sum of percentages should be 100%.
- In tables 3 and 4 percentages should be recalculated accurately.
- Some data in figures are repeated in tables and vice-versa. The author may decide to represent them in tables or figures.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.

Declaration of competing interests:
I declare that I have no competing interests.