Reviewer's report

Title: Comparison of high protein and high fiber weight-loss diets in women with risk factors for the metabolic syndrome: a randomized trial

Version: 2 Date: 10 March 2011

Reviewer: Kelly Meckling

Reviewer's report:

The authors have addressed all of my concerns satisfactorily and it is now ready for publication. No change to the title of the manuscript is necessary.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I have no competing interests