Reviewer's report

Title: Fruit and vegetables intake among elderly Iranians: a theory-based interventional study using the Five-A-Day program

Version: 1 Date: 17 June 2011

Reviewer: Vicky Newman

Reviewer's report:

Major Compulsory Revisions
Methods:
1. Explain how the 10 centers were selected.
2. Clarify random sampling method from within the 10 selected centers (… from among those 60 years of age of older … ?)
3. Include appendix with the “Perceived benefits and barriers.”
4. Clarify intervention group sessions. Sounds like those randomized to intervention group were further divided by stage of change and the sessions were then tailored to that stage of change. This is not clear in the current draft.
5. Begin section on intervention with overview of the two groups. Something like … Both those randomized to the control group and those randomized to the intervention group received four weekly sessions. The control group sessions focused on general health education and did not include content related to the health benefits of fruits and vegetables, while the intervention group sessions were focused on increasing fruit and vegetable intake.

Minor Essential Revisions
Abstract:
1. Define elderly (60 years and older??)
2. TTM must be spelled out.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Needs some language corrections before being published

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests.