Reviewer's report

Title: Rethinking Patient-hood: Workload, Capacity and Burden of Treatment

Version: 2
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Reviewer: James Best

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Discretionary revisions

1. In the first section of the Background, it is stated that "Over the past six decades the nature of these burdens has changed" indicating a change in predominance from acute to chronic illness. There is no description of why the burden has increased on individuals, perhaps because treatment is more complex and there is more multi-morbidity. There is also no mention of the other significant changes in society that have had an impact on the support systems available.

2. In the same section 3 categories of illness are mentioned but then there is no differentiation throughout the rest of the paper between them. Is that because the models described do not differ between these 3 categories?

3. In the last part of this section the scenario is described where the burden of self-care leads to patients becoming overwhelmed and increased healthcare costs. This statement does not seem balanced by any estimate of an alternative approach.

4. The four recommendations at the end of the paper in the Conclusion section do not link well with the body of the paper. The paper focuses on models describing the burden of self care but does not really offer any alternative throughout the paper until these conclusions. There is no detail about how and when these steps should be implemented.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.