Reviewer's report

Title: Alternative vs. conventional treatment given on-demand for gastroesophageal reflux disease: a randomised controlled trial

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Reviewer: Ken Haruma

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This is a well-designed and interesting study, although the number of subjects studied is small.

1. How did the authors define the reflux symptoms as mild/moderate?

2. Did the authors carry out the improvement of life-style in this study?

3. H pylori infection has the influence on the effect of acid suppression therapy in GERD. Did the authors test H pylori infection?

4. From the results of this study, did the authors recommend alternative treatment at first in the patients with mild/moderate GERD?

5. The healing rate of endoscopic esophagitis was note evaluated in this study. Did both alternative treatment and on-demand treatment with PPI bring out the complications of esophagitis for a long-time?