Author's response to reviews

Title: Effect of exercise therapy on lipid profile and oxidative stress indicators in patients with type 2 diabetes

Authors:

Lorenzo Gordon (lorenzogordon@yahoo.com)
Errol Y Morrison (errol.morrison@uwimona.edu.jm)
Donovan A McGrowder (dmcgrowd@yahoo.com)
Ronald Young (ronald.young@uwimona.edu.jm)
Yeiny P Fraser (yeinita@yahoo.com)
Eslaen M Zamoraz (emortorellz@yahoo.es)
Ruby L Alexander-Lindo (lisa.lindo@uwimona.edu.jm)
Rachael Irving (rachael.irving@uwimona.edu.jm)

Version: 3 Date: 1 February 2008

Author's response to reviews: see over
January 31, 2008

Iratxe Puebla  
Senior Assistant Editor  
BMC-series journals  
Tel: +44 (0)20 7631 9921  
Facsimile: +44 (0)20 7631 9923  
e-mail: editorial@biomedcentral.com  
Web: http://www.biomedcentral.com

Dear Madam,

On behalf of the authors of the manuscript we wish to thank you for your patience. The authors have responded to the major compulsory and minor essential revisions of the reviewer on the next page.

Thanks again for kind consideration.

Yours sincerely,

Donovan McGrowder, MSc, PhD, FIBMS  
Lecturer in Chemical Pathology  
Department of Pathology  
University of The West Indies
Major Compulsory Revision

1. The authors took note of the recommendation made by the reviewer and have include the relevant information requested in the Methods. An explanation on the measurement of the rate of perceived exertion in the Hatha yoga and conventional PT groups was given according to the protocol that was carried out in the study. Data for the heart rate and RPE are not given as target heart rate was initially estimated as 70% of maximum and subjected were instructed to exercise at a level of 8 – 10 on the Perceived Exertion Scale.

2. A paragraph of reports of VO$_{2\text{max}}$ in yogic studies is included in the discussion (it is the paragraph above the conclusion). The references were used as suggested.

Minor essential revision

1. Information on the conventional physical activity is included in the methods, along with details concerning the first sample.

2. There was no gender-specific difference in demographic and biochemical parameters. This statement was included in the results.