Reviewer's report

Title: Adherence to yoga and exercise interventions in a 6-month clinical trial

Version: 2 Date: 3 October 2007

Reviewer: Lisa M Bernardo

Reviewer's report:

General
The improvements to this manuscript are well done. I like how the yoga and exercise results were described and compared.

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Major Compulsory Revisions (that the author must respond to before a decision on publication can be reached)NONE

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Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct) NONE

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Discretionary Revisions (which the author can choose to ignore) NONE. I believe the manuscript is much improved and ready for publication.

What next?: Accept without revision

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

i declare that I have no competing interests.