Reviewer's report

Title: A Pilot Study on Mindfulness Based Smoking Cessation

Version: 2 Date: 16 January 2007

Reviewer: Amy Lazev

Reviewer's report:

General
The authors have addressed all prior concerns. The new analysis highlights the complex role that distress (as measured by the SCL-90) plays in cessation. The authors report that greater baseline affective distress predicted smoking abstinence and hypothesized that the intervention may provide relief from distress and increased motivated to practice. However, it should be noted that since highly compliant meditators had a lower baseline affective distress scores (compared with moderately compliant meditators), high levels of distress may interfere with compliance. This relationship deserves further study and may yield important findings aiding in our understanding of adherence to treatment.

Major Compulsory Revisions (that the author must respond to before a decision on publication can be reached)

Minor Essential Revisions (such as missing labels on figures, or the wrong use of a term, which the author can be trusted to correct)

Discretionary Revisions (which the author can choose to ignore)

1.

What next?: Accept after discretionary revisions

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I declare that I have no competing interests