Reviewer's report

Title: The Effect of Massage on Muscle Fatigue and Recovery

Authors:

Tim H Tanaka (ttanaka@sympatico.ca)
Gerald Leisman (drgersh@yahoo.com)
Hidetoshi Mori (hmori@k.tsukuba-tech.ac.jp)
Kazushi Nishijo (nishijo@a.tsukuba-tech.ac.jp)

Version: 2 Date: 11 Sep 2002

Reviewer: Dr Peter M Tiidus

Level of interest: A paper whose findings are important to those with closely related research interests

Advice on publication: Accept after discretionary revisions

1. Check for minor grammatical errors.

b) Compulsory revisions

1. Include a caveat in your methods noting the reliability of the changes reported in your EMG measures to directly relate (in degree) to muscle fatigue.
2. Describe the massage in more detail (type of massage, method etc.). What were the qualifications of the person(s) administering the massage? Did the electrode placements interfere with massage in any way?
3. Discuss the potential for massage inducing a placebo effect in regard to the differences in the subjective feelings of fatigue noted in the study.

Competing interests:

None declared.