Author's response to reviews

Title: Postprandial glucose-lowering effects of fermented red ginseng in subjects with impaired fasting glucose or type 2 diabetes: A randomized, double-blind, placebo-controlled clinical trial

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Author's response to reviews: see over
Reviewer: Iris F Benzie

Reviewer's report:
Most of the reviewers' comments have been adequately addressed, and the paper is improved. However, the lipid data are clearly wrong - they are far too high - there must have some error made in conversion from mg/dl to mmol/l. The data need to be corrected - and it would be worth checking the other converted data for errors.

Thank you for your correction. We carefully checked all data and Table 4 was corrected.

Table 4. Effect of FRG supplementation on lipid levels

<table>
<thead>
<tr>
<th></th>
<th>Placebo group (n=21)</th>
<th>FRG group (n=21)</th>
<th>p-value 1)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Baseline</td>
<td>Week 4</td>
<td>Baseline</td>
</tr>
<tr>
<td>Total cholesterol (mmol/l)</td>
<td>10.5±1.7</td>
<td>10.1±1.7</td>
<td>NS</td>
</tr>
<tr>
<td></td>
<td>4.9±0.2</td>
<td>4.8±0.2</td>
<td></td>
</tr>
<tr>
<td>HDL cholesterol (mmol/l)</td>
<td>2.6±0.7</td>
<td>2.4±0.6</td>
<td>0.022</td>
</tr>
<tr>
<td></td>
<td>1.2±0.1</td>
<td>1.1±0.1</td>
<td></td>
</tr>
<tr>
<td>LDL cholesterol (mmol/l)</td>
<td>4.5±1.5</td>
<td>5.9±1.6</td>
<td>0.005</td>
</tr>
<tr>
<td></td>
<td>3.1±0.2</td>
<td>2.8±0.2</td>
<td></td>
</tr>
<tr>
<td>Triglycerides (mmol/l)</td>
<td>7.8±4.0</td>
<td>8.5±3.8</td>
<td>NS</td>
</tr>
<tr>
<td></td>
<td>1.6±0.2</td>
<td>1.7±0.2</td>
<td></td>
</tr>
</tbody>
</table>

1) Analyzed by linear mixed effect model and p-value represents the comparison to the baseline visit. 2) Analyzed by linear mixed effect model and p-value represents the comparison to the placebo group. Data are presented as mean±SEM

There are some formatting/spacing problems in the reference list.
References 10 and 26 were corrected.