Reviewer's report

Title: Randomized Trial of Tapas Acupressure Technique for Weight Loss Maintenance

Version: 4 Date: 10 February 2012

Reviewer: Jeffrey Greeson

Reviewer's report:

I have carefully reviewed the revised manuscript, as well as the author's response to reviews. In my view, the authors have fully responded to each review comment, resulting in a higher-quality, more transparent report of this rigorously designed and well executed clinical trial. I believe the main finding that both the Tapas Acupressure Technique (TAT) and the Social Support (SS) group interventions showed similar (modest) weight regain as state-of-the-art behavioral therapies, such as the WLM and PREMIER trials, provides clinically important context for researchers and clinicians interested in complementary therapies. The secondary, exploratory finding that TAT only appeared to be more effective in maintaining weight loss for people who lost more weight during the active weight loss phase is interesting, and raises the question for future research of "For whom might TAT work best?" No further revisions are required in my judgement.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests.