Reviewer’s report

Title: Randomized Trial of a Mind and Body Technique for Weight Loss Maintenance

Version: 1 Date: 6 October 2011

Reviewer: Edzard Ernst

Reviewer’s report:

This is an interesting RCT with fascinating results. However, the interpretation of the findings and the conclusion seems wrong. Essentially the primary analysis seems to generate a negative result which the authors manage to present as though it was positive. The discussion needs more (self) critical input. The trial should be reported according to CONSORT guidelines.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: Yes, but I do not feel adequately qualified to assess the statistics.

Declaration of competing interests:

I declare that I have no competing interests