Author's response to reviews

Title: Preliminary Examination of the Efficacy and Safety of a Standardized Chamomile Extract for Chronic Primary Insomnia: A Randomized Placebo-Controlled Pilot Study

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Author's response to reviews:

Dear BioMed Central Editorial Team,

Please find below the detailed response to the reviewer's comments regarding manuscript # 3565901415624315, entitled, “Preliminary Examination of the Efficacy and Safety of a Standardized Chamomile Extract for Chronic Primary Insomnia: A Randomized Placebo-Controlled Pilot Study.” Changes in the manuscript are highlighted in yellow.

Reviewer 1:

The authors have thoroughly responded to the issues I raised in my previous review; however, I still found a lot of typo errors that should be corrected, e.g. Results section, line 5, <60.0 should be <0.60, p. 7, second last line, ISI should refer to Insomnia Severity (not Sleep) Index, etc.

We have gone through the manuscript and identified several typos, which have been corrected.

Reviewer 2:

I am happy that the authors have addressed the issues raised in my original review and am happy that it is now suitable for publication.

We are glad we were able to address the reviewer’s concern. Many thanks to the reviewer

Please also ensure that your revised manuscript conforms to the journal style (http://www.biomedcentral.com/info/ifora/medicine_journals ). It is important that your files are correctly formatted. In addition, could you please carry out the following changes to the format of your manuscript:

We have checked the manuscript and it appears to conform to the journal’s style.

Abstract: Please include the trial registration number in the abstract. The last section of the abstract must be titled Trial Registration: listing the trial registry
and the unique identifying number. Please, note that there must be no space between the letters and numbers of the trial registration number e.g. ISRCTN12345678.

We have listed the trial registry information in the abstract.

Competing interests - Please include a section titled “Competing interests” section between the Conclusions and Authors contributions. If there are none to declare, please write “The authors declare that they have no competing interests”.

We have added the “Competing interests” section on P. 18

Authors' contributions: Please include an Authors' contributions sections after the Competing interests. For the Authors' contributions we suggest the following kind of format (please use initials to refer to each author's contribution): AB carried out the molecular genetic studies, participated in the sequence alignment and drafted the manuscript. JY carried out the immunoassays. MT participated in the sequence alignment. ES participated in the design of the study and performed the statistical analysis. FG conceived of the study, and participated in its design and coordination. All authors read and approved the final manuscript.

We have added an “Authors' contributions” section on P. 18

Kind Regards,
Suzanna Zick