Reviewer’s report

Title: Factors influencing adherence to regular exercise in middle-aged women: a qualitative study to inform clinical practice

Version: 3 Date: 19 March 2014

Reviewer: Kristina Karvinen

Reviewer’s report:

The authors have done a good job addressing the comments of the reviewers.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests