Reviewer's report

Title: Factors influencing adherence to regular exercise in middle-aged women: a qualitative study to inform clinical practice

Version: 2 Date: 10 February 2014

Reviewer: Terra TM Murray

Reviewer's report:

Thank you for your revisions to this paper. I only have two small minor revisions.

The table (Table 1) appear to have a blank section and there is no PA reported in the table? Not sure if there should be, but it seems to me that the reference to the table is after discussion of PA data, so this should either be included in the Table, or where we are guided to “See table 1” in the paper should be moved.

Results. Characteristics of participants: I find the first sentence here awkward, and I think rewording would help improve clarity.

Level of interest: An article whose findings are important to those with closely related research interests

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

I declare that I have no competing interests