Author's response to reviews

Title: The effect of physical activity and body mass index on menopausal symptoms: a cross-sectional study in primary care

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Author's response to reviews: see over
Dear Editor,

We have enclosed the manuscript named “The effect of physical activity and body mass index on menopausal symptoms: a cross-sectional study in primary care”.

MNT participated in the design and data collection of the study, performed the statistical analysis, and involved in drafting the manuscript. MK and DG performed the statistical analysis, participated in the design of the study and involved in drafting and revising the manuscript. The manuscript has been seen and approved by all authors.

The average life expectancy for women is rising and they will spend an average of three decades in postmenopause. Going through menopause is an important transition that can be accompanied by menopausal symptoms and decreased quality of life. Hormone replacement therapy used to be suggested in order to reduce menopausal symptoms. But many women do not want to use pharmacological agents in the treatment of menopausal symptoms and are seeking alternatives. Therefore we wanted to investigate the question: “Will we recommend weight control and regular physical activity to reduce menopausal symptoms?”

In consideration of the BMC Women’s Health taking action in reviewing and editing my submission, the author(s) undersigned hereby transfer, assign, or otherwise convey all copyright ownership to the BMC Women's Health in the event such work is published in the journal.

This manuscript has not been accepted or published previously and is not under simultaneous consideration for publication elsewhere. It was presented at WONCA Europe Conference July 4-7, 2012, Vienna, Austria as an oral presentation.

There is no conflict of interest and any source of funding. We hope you consider it for publication in the BMC Women's Health.

Sincerely yours,
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