Reviewer's report

Title: Randomised controlled trial of the efficacy of aerobic exercise in reducing metabolic risk in healthy older people: The Hertfordshire Physical Activity Trial

Version: 1 Date: 20 May 2009

Reviewer: Han C Kemper

Reviewer's report:

This is a nice study design and set-up, to look at the effects of physical activity in older persons making use of the Hertfordshire study.

What I am missing is the definition of low birth weight and how it is retrieved from these older subjects.

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:

'I declare that I have no competing interests'