Reviewer's report

Title: What's distressing about having Type 1 diabetes? A qualitative study of young adults' and healthcare professionals' perspectives

Version: 2 Date: 26 January 2013

Reviewer: Danielle Hessler

Reviewer's report:

The current manuscript describes a qualitative study of patients with type 1 diabetes aims at identifying causes of diabetes distress. The topic is one of great interest and the field can benefit from an article such as this to guide work in the area of distress. While there has been a growing amount of research on diabetes-related distress among patients with type 2 diabetes, relatively little is documented with type 1 populations and the careful work of a qualitative study, such as the current project, can go far to progressing our understanding of the areas of similarities and differences.

Minor Essential Revisions:

1. I believe the introduction would be strengthened by moving some of the information currently presented in the methods up to introduction regarding why this age group was selected. In addition, it would be helpful to add more information to the introduction as to why you wanted to focus on this age group, and why specifically you think it is important to understand how distress functions in this age group (in terms of life context, etc). Do the authors think that causes of distress may be different at different age groups? Or just more prevalent in this age group?

2. Page 6 last line. Do you mean more women than men?

3. I wonder if the authors could expand upon the analysis section a bit more. In particular --providing more detail as to how many coded each interview (.e.g., what % were double coded), and providing references for the type of qualitative analysis that was undertaken.

4. Page 25, 7 lines from bottom, "be" looks like it should be "by"

Level of interest: An article of importance in its field

Quality of written English: Acceptable

Statistical review: No, the manuscript does not need to be seen by a statistician.

Declaration of competing interests:
I have no competing interests.