Author's response to reviews

Title: Prehabilitation For Men Undergoing Radical Prostatectomy: A Multi-Centre, Pilot Randomized Controlled Trial

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Author's response to reviews: see over
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Attention: Editorial Board of BioMed Central Surgery

Re: Prehabilitation For Men Undergoing Radical Prostatectomy: A Multi-Centre, Pilot Randomized Controlled Trial

Dear Editorial Board of BioMed Central Surgery,

Please consider the enclosed manuscript of a study protocol entitled “Prehabilitation For Men Undergoing Radical Prostatectomy: A Multi-Centre, Pilot Randomized Controlled Trial” for publication in your esteemed journal.

The following revisions have been made to the manuscript and are identified in bold text:

- Line 117-118: Addition of sentence commenting on approval of the research ethics board for the participating institutions. “Both participating institutions have received approval from their respective research ethics boards”.
- Line 160-163: Recent amendment to kegel protocol.
  (Previous)
  “The PFMX prescription will include a gradual increase in repetitions from 20 per day during weeks 1-2, 60 per day during weeks 3-4, and 120 per day during weeks 5 to surgical date. The total number of repetitions of the PFMXs will be divided equally between the rhythmic contractions (contract and relax over one second) and the sustained contractions (contract and hold for up to 5 seconds).”
  (Updated)
  “The PFMX prescription will include a gradual increase in repetitions from 60 per day during weeks 1-2, 120 per day during weeks 3-4, and 180 per day during weeks 5 to surgical date. The total number of repetitions of the PFMXs will be divided equally between the rhythmic contractions (contract and relax over one second) and the sustained contractions (contract and hold for up to 10 seconds).”

We sincerely appreciate the consideration of this manuscript for the publication of this journal.

Best Regards,

[Signature]

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